

Gi & NoGi Uniform:

1.1) The Gis will not be checked or measured before the tournament, but the NFC JIU-JITSU officials have the right to ask a competitor to change his/her Gi if they judge it is inappropriate. This situation can happen if: the Gi is obviously too short or too long, there are too many patches on the Gi preventing the opponent from gripping it, the top and the pants are of different colors or the Gi shows visible tears, is wet or dirty, or emanates unpleasant odors.

1.2) Competitors may wear a rash guard under their gi. Competitors may not select to wear a shirt under their gi instead.

1.3) For NoGi Men divisions, athletes have to wear board shorts without pockets or with pockets entirely stitched shut and reaching at least halfway down the thigh and at most to the knee. Attached metal or plastic of any kind that may hurt the opponent is expressly forbidden on the board shorts. Spats can be worn under the shorts if selected. Athletes also have to wear a rashguard or a shirt of elastic fabric (clings to body). This rash guard or shirt does not need to meet any color requirements. Athletes cannot compete shirtless or wearing a loose shirt of any kind.

1.4) For NoGi Women divisions, athletes have to wear board shorts or lycra elastic pants without pockets or with pockets entirely stitched shut and reaching at least halfway down the thigh and at most to the knee. Attached metal or plastic of any kind that may hurt the opponent is expressly forbidden on the board shorts. Athletes also have to wear a rashguard or a shirt of elastic fabric (clings to body). This rash guard or shirt does not need to meet any color requirements. Athletes cannot compete wearing a loose shirt of any kind.

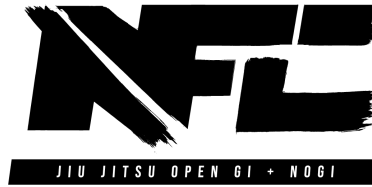
Hygiene

2.1) Athletes' finger and toe nails should be trimmed and short.

2.2) Long hair should be tied up so as not to cause opponents any discomfort.

2.3) Athletes will be disqualified if they are wearing hair dye or makeup that stains their opponent's Gi or the mat surface during a match.

2.4) Athletes presenting skin lesions or any other skin condition shall be directed to the tournament medical staff. Under any circumstances, the medical staff has the final say on whether to allow an athlete to compete or not.



Weigh-Ins

3.1) You must check-in and weigh-in anytime up to at least 60 minutes before your scheduled division start time. We ask that you make sure to be present in the venue at least 60 minutes prior your division start time as well in case we are able to get head starts on certain division.

3.2) There will be a 500 gr allowance.

3.3) If an athlete does not make weight on his first attempt, he/she has until the end of the designated period to make weight. Abusive usage of our scales (every five minutes) will not be permitted though.

3.4) Athletes who fail to make weight during the designated period will be disqualified and will not be moved up to another weight division. Athletes who are disqualified will not be eligible for a refund. It is the athlete's responsibility to make the weight class they signed up for, or have changed to a higher weight class by that event's change deadline.

3.5) All competitors competing in Gi divisions weigh-in WITHOUT their Gi on.

3.6) An athlete who competes in both their Gi and NoGi divisions only has to weigh-in once.

Further Requirements

4.1) Use of any foot gear, head gear, hair pins, jewelry, cups (genital protectors) or any other protector fashioned of hard material that may cause harm to an opponent or the athlete him/herself is forbidden. Also forbidden is the use of head wear – be it bandages, hoods or an elastic cap.

4.2) The use of joint protectors (knee, elbow braces, etc.) that increase body volume to the point of making it harder for an opponent to grip the Gi are also forbidden.

Match Duration

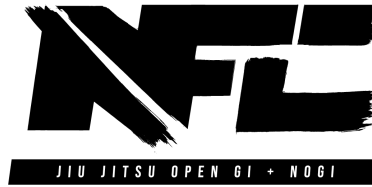
5.1) The time limit for every Adult fight in the tournament, will be 5 minutes.

Match Scoring

6.1) NFC JJ matches follow traditional BJJ point scoring: 4 for the mount, 4 for the back, 3 for a guard pass, 2 for a sweep, 2 for a take down, 2 for knee on stomach, and 2 for a solid submission attempt that was stopped out of bounds.

6.2) All positions must be held and controlled for 3 seconds.

6.3) There is no "Advantage" scoring.



6.4) A first penalty will result in a warning, a second penalty will result in the opponent being given 2 points, a third penalty will result in disqualification.

6.5) If a match finishes in a draw, the referee of the match will declare a winner by Referee Decision at their discretion.

6.6) A match will be deemed over immediately if a competitor taps out, screams, or verbally gives up during the match.

Prizes

7.1) The four top-placed athletes in each division shall receive medals. The champion shall receive a gold medal and the runner-up shall receive a silver medal. And two third places, those who lost in the semifinals

7.2) The prizes shall be awarded according to the results proclaimed by the referees. Exchanging placement at the moment prizes are awarded is expressly forbidden.

Registration

8.1) All NFC JJ events are pre-registration only. Pre-registration will open usually weeks prior to the event and will close 3 days prior to the event at 11:59pm at night (Example: An event on a Saturday will close registration the Wednesday prior at 11:59pm.).

8.2) In order to register, you must fill the form in our Registration section. After submitting your form, you must follow the Paypal link that will be available in order to complete your payment.

8.3) Completing the form will not get you registered for the event if you do not complete the payment with Paypal. There will be no payment accepted the day of the event.

8.4) We highly encourage you to read the information section of events on our website to familiarize yourself with important dates and information particular to that tournament.

Division

9.1) All Divisions are single-elimination format for all tournaments produced by NFC JJ.

9.2) The brackets will serve as a simple elimination system (K.O. system), where the losing athlete from each match is eliminated and the winner goes through to the next stage of the bracket. Brackets can be combined into one bracket if there are not enough registrations.

Brackets have a maximum capacity.